

# kidstir mango creamsicles!



**hands-on time:** 5 minutes

**start-to-eat time:** 5 minutes

**tools:**

- measuring cup
- blender
- ice popper molds

**kids kitchen skills:**

- measuring
- operating a blender

**ingredients**

- 1 cup frozen mango chunks
- ½ cup coconut milk, plus more if needed
- ½ cup pineapple juice
- 1 tablespoon honey, optional

**Makes 2 or 3 Servings**

**For a frozen tropical treat, mix up thick and creamy mango smoothies. Stock up on frozen mangos, coconut milk, and pineapple juice, and your kids can make these refreshing treats throughout the summer.**


Grown-up steps and notes

**step-by-step instructions**

1. Place the frozen mangoes, coconut milk, and pineapple juice in the blender.

Hole punch to fit in your cookbook!

Cut out to fit in your cookbook!

 A grown-up can help younger kids blend the creamsicle together until it's creamy and smooth.

3. Give it a taste test. If you'd like it thinner, you can add extra pineapple juice or coconut milk. Or, if you'd like it sweeter, add a teaspoon or two of honey. Blend again.

4. Pour into glasses and drink right away. Or, pour into pop molds and freeze overnight.

notes:

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