

kidstir

Parm Pop!

Make
Popcorn in
a Bag



hands-on time: 10 minutes

start-to-eat time: 10 minutes

tools:

- microwave
- paper bag
- measuring spoons

kids kitchen skills:


- using a microwave
- measuring
- stirring

ingredients

- 3 tablespoons popcorn kernels
- 1 teaspoon olive oil
- 1 tablespoon fresh grated Parmesan cheese
- ¼ teaspoon salt

Makes 2 Servings (4 Cups Popcorn)

Although it is very tempting, teach your kids to skip the store-bought microwave popcorn (which has trans fat and artificial flavors) and pop their own instead. All you need is a paper bag, popcorn kernels, a little olive oil, and Parmesan cheese. The kids will love the Italian flavor blitz!

 Grown-up steps and notes


step-by-step instructions

1. Measure the popcorn kernels right into the bag. Fold over the top of the bag a few times.

Hole punch to fit in your cookbook!

Cut out to fit in your cookbook!

notes:

2.  A grown-up can help microwave the popcorn for 2 to 3 minutes or until the popping sounds almost stop.
3. Carefully open the bag. Drizzle the olive oil over the popcorn. Add the Parmesan cheese and salt. Give the bag a good shake.
4. Taste the popcorn. What do you think? If it needs more salt or cheese, add it to the bag and shake it up. Eat straight from the bag or pour into a bowl.

Notes section with a vertical dotted line on the left and ten horizontal lines for writing.

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